

ANNUAL REPORT 2024-2025



**HELPING HAND FOR
LIVELIHOOD FOUNDATION**
(A National level NGO for sustainable Development)



HELPING HAND FOR LIVELIHOOD FOUNDATION

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WORKING AMONG THE PEOPLE



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INTERVENTION AREAS

- Formal / Non Formal Education Literacy Programme.
- Environment sustainability by educating people in natural resource management, organic, medicinal farming and plantation at revolutionary level
- Community Health, specially Women and Child health.
- Child Rights and Child Labor Prevention Programme.
- Community Development and Income Generation Programmes.
- Vocational Training for Modern Agriculture Programme.
- Self Help Groups and Livelihood Programme.
- Cultural activities related to special days

FUNCTIONARIES OF HELPING HAND FOR LIVELIHOOD FOUNDATION

- Full Time: 22 Nos.
- Part – Time: 52 Nos.
- Volunteers : More Than 2300

VISION

To create an inclusive society where youth persons live with dignity, independence and equal opportunities, empowered to contribute meaningfully in every sphere of life. Organization envision being a fully autonomous and independent organization that is recognized nationally as a reputable organization with the capacity to—Meet the goal of sustainable and equity and poverty reduction in rural and urban areas of India. Build partnerships, provide strategic support and share experiences with other agencies as resource organization. Our organization targets marginal farmers SC,ST, minority, poor, helpless women, child, child labour, rural and urban youths, disaster effected people, physically challenged and neglected people in the society without racial difference. Our main target to meet the marginal people his justice, equity and respect in society.

MISSION

To uphold the human dignity of the marginalized, oppressed and displaced of India through a process of socio-cultural value additions, economic and social empowerment. To promote sustainable livelihood programs through skill development, vocational training, entrepreneurship support to promote education, skill development, and employment opportunities for Youth. Act as a catalyst to enable the socially, economically disadvantaged community to improve their livelihood on a sustainable basis in resource poor areas of India focusing on Women and Child Empowerment, Health, Education and Environment and to advocate for the rights, inclusion, and social justice of blind persons in mainstream society.

PRINCIPLE STRATEGIES OF THE ORGANIZATION

- Working with underprivileged and deprived communities at micro-level to understand better critical issues affecting them in order to address their generic cause.
- Collaborating with government and various development agencies to recognize and develop human potential by imparting skills, development Programme for self-reliance.
- Influencing change agents like media, academics and the state through advocacy with the usage of communication tools.
- Forming strategic alliances with other players particularly the voluntary sector, government and corporate houses.

WORKING STRATEGY OF THE ORGANIZATION

The Organization used to select the area after visiting the area and diagnosing the problems that too may be depending upon the information collected by the way of observation, questionnaire, discussion with the local leaders, discussion with the people etc. Project formulations are been done by the expert of the Organization has been adopted for taking any decision about the Programme/ activities. During the implementation stage the society used to direct implementation with the help of community or village committee. Monitoring and evaluation of the progress and impact of Programme depends upon the nature of the project.

INTRODUCTION

Greetings from HELPING HAND FOR LIVELIHOOD FOUNDATION. As you are aware, HHLF is a non-profit organization with the mission to work for the poor by nurturing and supporting projects in the area of environment, agriculture, public health, education, vocational training, legal and community awareness, waste management, waterman agent, biodiversity conservation etc. promoted by ADIL HUSSAIN, who has been actively involved in Human Development Sector since 2019 along with their team. In addition, HHLF is working on providing legal protection to rural women, increasing women participation in income generating activities, and enhancing child and maternal health by providing access to health care services as well as resources. HHLF consultants are well endowed with technical expertise and experience to comprehensively assimilate projects in modern farming from conceptualization, execution, management to turn key project management. HHLF Team is fully geared up for providing human development services for all aspects of Rural Development Programs that include training, program design, planning and execution of projects. HELPING HAND FOR LIVELIHOOD FOUNDATION develop partnership with many agriculture and other social welfare organizations in all over country, having same kind of interest and providing support/resources as and when required by the partners. Our team has developed special core competencies in Education, Environment, Women Empowerment, Farmers Empowerment & Child Development.

HELPING HAND FOR LIVELIHOOD FOUNDATION is working with its below primary objectives:

- ❖ Economically and technical assistance to the socially and economically disadvantaged community.
- ❖ Build partnerships, provide strategic support and share experiences with other agencies as resource organization.
- ❖ Evolving, developing and implementing gender and poverty focused participatory approaches for sustainable livelihood enhancement
- ❖ Establishing village based self help groups/ institutions, largely to facilitate the process of sustainable agriculture development.
- ❖ Society aims to establish and maintain long term links with the State Government, community based organizations, donors and other institutions so as to able to learn and replicate similar approaches in other parts of the country.
- ❖ Ensure environment sustainability by educating people in natural resource management.
- ❖ Provide Formal/ Non formal educational Training for Youth, Women and Children
- ❖ Develop Community health programmes and services.
- ❖ Address endemic illness and disabilities.
- ❖ Support literacy centers and provide education.
- ❖ Increase e-learning through computer literacy and usage.
- ❖ Build the capacity of women by providing learning opportunities, livelihoods and legal protection.
- ❖ Ensure environment sustainability by educating people in natural resource management.

SECRETARY CUM FOUNDER'S MESSAGE



Dear Friends,

The executive committee takes pleasure in presenting the Annual Report of the Trust named Helping Hand For Livelihood Foundation for the year 2024-25. The aim, physical target, financial achievement, future planning etc. are as follows:

The Executive Committee has considered various project under consideration and decided to contract the various District State, National and International Departments and Agencies to fund for programs. There is not change in constitute of executive committee during the year under review.

The Trust has convinced in meeting of the executive committee during the financial year made successful, drive for the welfare of the poor, weaker, needy section including women and child. It has conducted many successful activities for the purpose for providing them technically efficient, improving their living structure and to empowering them to utilize the new opportunities. The organization is committed towards achieving economic and social empowerment of different caste, creed and faith.

Thanks & Regards

ADIL HUSSAIN

Secretary CUM FOUNDER

(HELPING HAND FOR LIVELIHOOD FOUNDATION)

EDUCATION PROGRAMME

Education gives light. Come together, join together and sit together are the basic motto of the social reconstruction and educational reformation of the management of the social structure for the development in the process of work organization and functional task analysis of the educational system of development through Provide education, career counseling and research and development Programme for the society for the suffering and down trodden society. “Development does not start with goods. It start with people and their education, organization and discipline”. Education is another area of intervention and we are well acquainted with the facts that no society can be reconstructed without education the people. As it an important tool which can produce means for social change by abolishing the problems like- illiteracy, Unawareness, gender inequalities etc. which often acts as barriers in the path of social development.

Once people are educated the process of development automatically gains acceleration we have to pay more attention to the neglected class of our society. With a view to reconstructed a society into organized one, we have taken the issues like education which is being provided in the form of Non- formal education (NFE) and functional literacy by our agency, especially to girl children between the age group of 6-14 years and women between the age group of 15-45 years residing in the Village Area in Araria, following activities and Programme being implemented by the organization during the reporting period as mentioned below:

Bal Vikas Pathshala: HHLF running a education project for rural and underprivileged children in araria. The organization has also taken the work of rehabilitation child labor, economic betterment and enhancement of education in Araria, Bihar. in this respect more attempts of enrollment of drop outs children to nearest government primary school has been taken. Rehabilitation Programme for child labor has been taken.

RENEWABLE ENERGY PROGRAMME

Source of energy always remain challenging topic for our country. So we need alternative and eco friendly energy. The solar energy is most economical. The PM Surya Ghar Muft Bijli Yojana, the world's largest domestic rooftop solar initiative, is transforming India's energy landscape with a bold vision to supply solar power to one crore households by March 2027. By March 2025, installations under the scheme are expected to exceed 10 lakh, with the numbers doubling to 20 lakh by October 2025, reaching 40 lakh by March 2026, and ultimately achieving the target of one crore by March 2027. Launched by Prime Minister on 13 February 2024, this groundbreaking initiative aims to provide free electricity to households by facilitating the installation of rooftop solar panels.





Community Meetings

Community meetings are being organized in the target areas. The purpose behind these meetings is to make people aware about various aspects of health and hygiene related issues. The community health workers are the key persons for organizing these health meeting in their respective communities. Some times external resource persons also facilitate the community health meetings. During the period of 2024-25 there are **12** community health meeting organized in the working areas.

Family Planning Meetings

Family planning is one of the important components of health programme of HELPING HAND FOR LIVELIHOOD FOUNDATION. Every month family planning meetings are held in all the respective working areas. The eligible couples are provided information, orientations, training and motivations to follow the small family norms. They are encouraged to adopt family planning methods. The consistent users of FP methods are supplied contraceptives on very nominal cost. Money is only taken for creating awareness & seriousness about the services they are provided by the organization. People are also motivated for adopting the permanent methods of

SAVE THE EARTH

Forestation is the planting or adding of trees in an area where there was never a forest or plantation. The most common and known purpose of tree plantation is forestry. The forest is very important for maintaining the ecological balance of the environment of the earth. Also, earlier the forest use to cover a major part of the surface of the earth. But, now due to the rapid cut down of forest due to industries, and land for settlement the number of forests has reduced. Plantation of 500 different types of plants was done by the organization in which many people participated enthusiastically, explain to the people the importance and benefits of tree plantation by the organization. Apart from that, the forest grows naturally but in order to increase the speed of reforestation, our contribution is a must for it. Also, it will help the forest to recover from the loss due to deforestation. Furthermore, with our help, the pace of tree plantation can be increased. Plantation of 500 different types of plants was done by the organization in which many people participated enthusiastically, explain to the people the importance and benefits of tree plantation by the organization. Apart from that, the forest grows naturally but in order to increase the speed of reforestation, our contribution is a must for it. Also, it will help the forest to recover from the loss due to deforestation. Furthermore, with our help, the pace of tree plantation can be increased.



VOCATIONAL TRAINING PROGRAMME

HELPING HAND FOR LIVELIHOOD FOUNDATION runs vocational training programme for youth & adolescents. These vocational training are being provided to the beneficiaries at vocational training centres established in target areas. Well-trained and experienced instructors are teaching beneficiaries in the vocational training centers.

HELPING HAND FOR LIVELIHOOD FOUNDATION has been conducting these vocational training sessions for adolescents of poor, deprived and neglected section of the society since it's establishment. Organization has expertise to conduct vocational training programme as it has long experience in the same field. Following table gives a brief vocational training programme run by the organization:

S. No.	Trade	No. Of Centers	No. of Beneficiaries
1.	Cutting Tailoring	02	58
2.	Beauty Culture	02	43
Total numbers of beneficiaries of skill development programme			101



WOMEN EMPOWERMENT

HELPING HAND FOR LIVELIHOOD FOUNDATION organizes Legal Awareness Camps for women, in which they participate in large numbers in these awareness camps. Following issues are being covered during these camps:

- **Family Law:** Rights as daughter wife and daughter-in-law;
- **Marriage Law:** Matrimonial Remedies breach of marital trust by way of adultery, dowry, bride price, divorce, domestic violence and brutality.
- **Criminal Law:** Sexual abuse or other molestation, girl – trafficking and prostitution due to inevitable circumstance and economic factors, torture and atrocity at the hands of in-laws, humiliation for not giving a male birth, eve-teasing, ill-treatment by step-children
- **Fundamental Rights and its relevance to Women:** Rights to property, education, employment, wages participant in social activities.
- **Registering complaints** with the police station, courts, Women Commissions, Crime against women cell etc.
- **Law relating Alcoholism, drug etc.**
- **Women Rights Programme :** As part of its advocacy programme, **HELPING HAND FOR LIVELIHOOD FOUNDATION** works to make people aware about the rights of Women. These activities are being organized in its target areas. Punch line behind this campaign is that



Declining Sex Ratio-Causes of Female Feticide Awareness Camp:

Declining sex ratio in various parts of the country, specifically the ratio of the girl child, compared to the boys in the age group of 0-6 years has been a cause of deep concern to Government of India. During the last ten years, this ratio has declined significantly in almost all parts of the country, barring Kerala, and notably in – Aligarh, UP., Haryana, Uttar Pradesh, Punjab (one of the worst sex ratios in the country), Andhra Pradesh and Karnataka.

Sex ratio (the number of females per 1000 males) for India is 933 earlier recorded in recent Census. the highest sex ratio (1058) has been reported in Kerala. Haryana has reported the lowest sex ratio of 861 among the major states. One of the interesting fact that has emerged, is that the sex ratio of child population in age group 0-6 is 927. The sharpest decline in sex ratio of the child population has been observed in Himachal Pradesh, Punjab, Haryana, Gujarat, Uttaranchal, Maharashtra and Union territory of Chandigarh.

Country	0-14 years		15-64 years		65 years and older		Total
	Male	Female	Male	Female	Male	Female	
China	168,040,006	152,826,953	439,736,737	413,454,673	41,200,297	46,573,816	1,261,832,482
India	175,228,164	165,190,951	324,699,562	301,821,383	23,925,371	23,138,386	1,014,003,817
Years					Sex Ratio (Female per 1000 Male)		
1901					972		
1911					964		
1921					955		
1931					950		
1941					945		
1951					946		
1961					941		
1971					930		
1981					934		
1991					927		
2001					933		
2011					943		

CHILD WELFARE PROGRAMME



HELPING HAND FOR LIVELIHOOD FOUNDATION Child Sponsorship programme changes the lives of thousands of children every year through a simple yet powerful principle – the best way to change the life of a needy child is to change the world in which he/she lives. You can be the change! As you give way to a new life, you also create a new you!

Child labour is a major issue for healthy nation, large no. of children are being used as child labour in different sector i.e. industry, Hotel, servant, transportation, because they easily available and don't demand more payment, so impact of these issues is critical for nation. Organization had focused on child labour welfare programme. We identified child labour in different sector. With the consultation of guardians child labourers were admitted to the different schools in Araria, Bihar.

HELPING HAND FOR LIVELIHOOD FOUNDATION works at a grassroots level to change the lives of underprivileged children and youth and give them a better future. Through Street education centre for poor children, healthcare, livelihood and handicapped child oriented programmes spread throughout India(Future Vision around the world), the Mission facilitates individuals, corporate and institutions to invest in social initiatives aimed at the welfare of poor and needy children.

FARMERS WELFARE PROGRAMME

All districts in Bihar is primarily an agrarian region, where a large part of the population depends on agriculture for their livelihood. Despite fertile soil and dedicated farmers, challenges such as low productivity, climate vulnerabilities, recurring floods, lack of market linkages, and limited access to technology continue to affect the income and welfare of farmers.

To address these issues and strengthen the rural economy, Helping Hand for Livelihood Foundation (HHLF) is organizing a Farmers Welfare Summit in Araria & Banka in Bihar.

The Summit aims to bring together farmers, agricultural experts, policymakers, CSR partners, and government agencies on one platform to discuss and implement strategies for inclusive and sustainable agricultural growth.

Objectives of the Programme:

- To provide a platform for knowledge exchange on modern, organic, and climate-smart farming practices.
- To create awareness about government schemes, insurance, subsidies, and financial inclusion for farmers.
- To promote livelihood diversification through allied sectors like dairy, fisheries, and horticulture.
- To introduce innovative technologies, tools, and agri-startup solutions that can improve productivity.
- To facilitate linkages between farmers and markets, agri-businesses, and input providers.
- To recognize and felicitate progressive farmers for their contributions to rural development.





Women are taking keep interest in manufacturing these products. Still the sales of these products haven't reached up to desired level. Although women are being benefited by these activities and establishing good linkages the local whole sellers. Retailers, hawkers, and local customers, etc. to improve the sale of these products. Apart form this we are promoting the women to engaged in their IGPs and sale it to local hats and markets. A positive response from their side inspires the organization to work more on different trades. Individuals come to self help groups with personal goals – perhaps to seek relief from an addition, to gain self confidence etc. One of the goals of any self – help group is to assist its members. A self – help group vary in duration and in breadth. These groups have a range of purpose. Often the members organize the group themselves. The main purpose is to provide financial help to the members. The formal SHGs that are the real driving forces of financial inclusion to the really needy in the country.

OUR REQUEST

We are behind our vision (Dreaming together for a better world for all), mission and objectives to eradicate poverty, exploitation and illiteracy and to establish a society based on the value of equality, social justice, democracy and brotherhood. We are very urgently and seriously need of your co-operation, financial support, guidance and blessings. We hope that your support, guidance and blessing will boost up and inspire the spirit of our organization to achieve its mission and goal.

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THANKING YOU